



BIOGRAPHY

Carol Ann Small works with organizations that want to boost morale, reduce stress and create a happy workforce.

Carol Ann has appeared on Good Morning America and Latest book “HUMOR US” – The Power of Laughter

Carol Ann Small offers her clients a unique perspective on the benefits of laughter and finding humor in the workplace and everyday life. Her customized, humorous presentations have entertained and educated corporations, associations, educators and the general public for more than a decade. Before Carol Ann became a professional speaker, she worked in Higher Education for over nine years. She has appeared at the Majestic Theatre, the Comedy Connection, and Panache in NYC. Carol Ann is a Stress Management Consultant, Motivational Humorist and Author who imparts wisdom with a twist of real-life comedy.

From resolving conflict to building self-esteem, Carol Ann will inform and entertain audiences. Carol Ann’s programs: De-Stress and Get Motivated; Adventures in Attitudes; B.Y.O.B – Beat Your Own Burnout: Humor Us: Learn, Laugh and Lighten Up; Got Stress – Get Humor at Work; and Are you talkin’ to me? - Communication Styles: teach participants how to perform at their optimum level.

Carol Ann Small graduated cum laude with her BSSP in Speech Communications and Performing Arts from Emerson College in Boston. Carol Ann is a CLL, Certified Laughter Leader and a Carlson Learning/Inscape Publishing trainer. Carol Ann is a member of the National Speakers Association and the Association for Applied and Therapeutic Humor. She was a guest speaker on Self Esteem Radio Station and featured in the Globe, Health Magazine, Boston Common Magazine, Employment Times and the Hartford Business Journal.

Carol Ann is co-author of the book, “Mission Possible” with Jack Canfield, Author of “Chicken Soup for the Soul” and “The Secret.” She is also author of the workplace stress guide, “101 Motivational Tips.”

Her clients include: Dunkin’ Donuts, Harvard University, Big Y, Beth Israel Deaconess Hospital, AETNA, Harvard Pilgrim Health Care, Brigham and Women’s Hospital, Mercy Medical Center, Dana Farber, Allstate, Bank of America, Sheraton, Comcast, Time Warner, Fidelity, DSS, USDA and the U.S. District Court